

**Practice
Newsletter
Winter 2018**

**Dyneley House
Surgery**

Partners:

Dr Andrew Sumnall
Dr Sally Churcher
Dr Bruce Woodhouse
Dr Lucy Checker
Dr Rachel Pring
Dr Kirsty Pettit
Dr John Field
Dr Sarah Jagger

Practice Manager:
Antony Radley

Website:
www.dyneleyhouse-surgery.co.uk

Address:
Newmarket Street,
Skipton
BD23 2HZ

Telephone Numbers:

Appointments
(01756) 799811

Visits/Enquiries
(01756) 799311

Fax
(01756) 707203

Emergencies
(01756) 790000

Out of Hours:
111

Newsletter: If you would like to receive our newsletters by e-mail, please let us have your e-mail address either by telephone or at Reception.

Welcome to the Dyneley House Surgery Newsletter

We hope to share some useful information to help you to make the most of our services and keep you informed of changes.

Changes at Dyneley House Surgery

We say goodbye to Dr Sally Churcher, who is retiring on the 18 January 2019. We wish her all the very best for the future and a long and happy retirement.

We welcome Helen Langstaff, who has joined the Reception team.

**Sporting Memories Group
Special Guest – Former FA Referee**

Stuart Powell will be joining the Sporting Memories Group on Thursday 17 January 2 - 3:30pm. This session will take place at Dyneley Barn. Please RSVP to Gaynor on 01756 799311 if you wish to attend or go to Eventbrite to book your place.
www.eventbrite.co.uk/o/dyneley-house-surgery

Practice Closing for Training

The Practice will close for training at 13:00 on Wednesday 30 January and re-open at 18:00 for pre-booked appointments and for the collection and drop off of repeat prescription requests.

**Eventbrite**

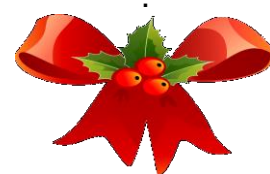
Eventbrite Booking System

Dyneley House Surgery delivers a range of community health activities, talks and workshops.

This includes: the Breathe Easy Support Group, Stroke Group, Osteoporosis Group, Mental Health Hub, Creative Arts Group, Carers Hub etc.

All the events are free of charge and most take place in Dyneley Barn. To book onto any of these events, visit Eventbrite:

www.eventbrite.co.uk/dyneley-house-surgery



**Christmas
Opening Hours**

The Practice will close for Christmas at 18:00 on Monday 24 December and re-open at 08:00 on Thursday 27 December.

The Practice will close for New Year at 18:00 on Monday 31 December and reopen at 08:00 on Wednesday 2 January 2019.

If you require medical assistance when the Surgery is closed, please dial '111'. If you have a medical emergency, dial '999'.

The partners and Practice team would like to wish all of our patients and their families and happy & healthy Christmas and New Year.



Patient Participation Group (PPG) Meetings 2019

Providing an opportunity for you to have your say about how your doctors and nurses develop and improve the service they offer you.

Meetings are held on Wednesdays and take place in Dyneley Barn from 6.30 - 7.30p.m.

16 January

20 February (AGM)

20 March

17 April

15 May (Open Meeting)

19 June

17 July

18 September (Open Meeting)

16 October

20 November

For more information, please contact the Chair, Barry Rogers:
barry.rogers@hotmail.co.uk

Care Navigation Support

Provided at Dyneley House Surgery by our Reception Team.

When calling to book an appointment, additional questions may be asked to help us understand what your needs are and ensure that we help you with your problem efficiently and effectively.

The goal is to ensure that you get the right care at the right time in the right place with the right outcome.



We may ask you about your health issue when you call to book an appointment.

This is called **Care Navigation**.

It's about helping you get to the service you need.

Our specially trained reception team may suggest other professionals that could help you better.

NHS



Care Navigation

Nurse

Pharmacist

Community services

Wellbeing support

Voluntary services and other groups

Dry January Challenge Can you take the 31 Day Challenge?



DRY JANUARY

CAN YOU STAY OFF THE BOOZE FOR 31 DAYS?



Sign up now! www.dryjanuary.org.uk

**STAY WELL
THIS WINTER**

Top Tips!

Keep warm and set your heating at 18 degrees centigrade

Have regular hot meals and drinks

Keep moving!

Remember to book your flu jab early

Look after yourself and check on neighbours

Drive safely, consider weather conditions before you drive



In 2019 we will be introducing free Wi-Fi for patients.

Don't forget you can book appointments and repeat prescriptions online.

Please speak to a member of the Reception Team for further details.