

**Practice Newsletter
Autumn 2018**



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111

Newsletter: If you would like to receive our newsletters by e-mail please let us have your e-mail address either by telephone or at Reception.

Welcome to the Dyneley House Surgery Newsletter. We hope to share some useful information to help you to make the most of the services available to patients and keep you informed of changes.

Make sure you are covered for flu this Winter

Flu vaccines are now available for everyone in the following 'at risk' groups:

- Diabetes
- Pregnant
- Aged 65 & over

or those with long-term conditions affecting the lungs, heart, kidneys, liver, brain or nervous system, the immune system and the spleen

For more information ask at Reception or visit :
<https://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/>

Changes at Dyneley House Surgery

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Dr Louise Riley left the Practice on 31 August to undertake some further training. We wish her well.

Dr Kate Hooks and receptionist Dianne Carroll started their maternity leave in September.

We look forward to hearing about their new arrivals!

New Care Navigation Support

Provided at Dyneley House Surgery by our Reception Team.

Please note, additional questions may be asked to help us understand what your needs are and ensure that we help you with your problem efficiently and effectively.

The goal is to ensure that you get the right care at the right time in the right place with the right outcome.



Coffee Mornings

On the 28 September, staff joined patients for coffee & cake to raise £121 for McMillan Cancer Support.



Our next coffee morning will take place on 10th October 10-12noon, when we aim to support World Mental Health Day.



Dementia Advice Clinic

Do you or a loved one who has dementia? Are you worried about your memory? Would you like to know more about dementia or the support available?

Book an appointment at our DEMENTIA ADVICE CLINIC on the third Tuesday of every month.

If you would like an appointment please speak to a member of Reception on: 01756 799811 Telephone appointments are also available. (01423) 813464

Sporting Memories Special Guest – Salford City Footballer

Gareth Seddon will be joining the Sporting Memories Group on Thursday 18th October 2-3:30pm. This session will take place at Dyneley Barn. Please RSVP to Gaynor on 01756 799311 if you wish to attend.

Practice Closing for Training

The Practice will close for training at 13:00 on Thursday 25 October and re-open at 08:00 on Friday 26 October

New Community Book Share Scheme

Look out for our new Library in the waiting area.

Dyneley House Library offers patients a way to share interesting & enjoyable things to read!

Take Books - If you see something you like.

Share Books - Pass them onto a friend or return it to the library.

Give Books - Donate any unwanted books.



New Mental Health Hub Opening 5 October 2018

These new sessions will consist of morning creative activity sessions delivered by Pioneer Projects and 1-1 sessions with a Pioneer facilitator to signpost to other appropriate support and services.

My Wellbeing College will be delivering courses on a rolling basis on Friday afternoons.

For more information please contact Pioneer Projects on:
Tel : 015242 62672
Email:

office@pioneerprojects.org.uk

We are an official Park run Practice!



Parkrun is a free, weekly, timed 5k walk/jog/run at 9am every Saturday at Aireville Park, Skipton. Open to all ages and abilities. Organised entirely by volunteers. Friendly and fun.

For more information visit www.parkrun.org.uk/skipton

You can register for a barcode at www.parkrun.com if you want to keep a note of your time but if you don't want to register please feel free to turn up and join in!