**NOTES OF THE PATIENT PARTICIPATION GROUP WEDNESDAY 18TH NOVEMBER 2020**

**Present:** Barry Rogers (chair), Joanna Antemes, Elizabeth Benjamin, Brian Harrison, Mary Jenkins, Mike Palin, Antony Radley, Pamela Reader, Clare Shepherd, Kathleen Sutton, Emma Taylor.

**Apologies:** none received.

**Minutes of the PPG meeting 21st October 2020 and matters arising:** the minutes have not been distributed, Barry will email the draft minutes after the meeting. The PPG Zoom meetings will be recorded from now on.

**Practice Update:** emailed out before the meeting.

* Joanna/Antony expect an update about the organisation for the roll out of the Covid vaccine this afternoon; the plans are still in progress, probably using ‘hubs’. It is likely to start the 3rd week of December. During this 2nd lockdown the Surgery has not stopped any of the services.
* The flu vaccine is ongoing. There has been no increase of demand for the vaccine in under 65s compared with previous years yet. Later appointments for the 50-65 cohort may be offered for people who are working.

**Reference Group Update:** There have been no further meetings since the last PPG meeting. However a meeting has been arranged for Tuesday 8th December at 1.30pm Emma will forward the necessary link to the zoom meeting` The group needs to discuss the Aims and Objectives of the Reference Group. It was noted that the key reason for Practices and their respective Patient Groups to develop Reference groups was to support PPGs and broaden the patient feedback platform. Often these Reference Groups are contacted to gain their views on developments or changes to existing services.

An example is the current Survey being developed by WACA to look at Access to Practices and their services during the current coronavirus implications. (see WACA Update)

**Osteoporosis Group Update:** Pam reminded us that the group was started after an osteoporosis talk in Self Care Week 2 years ago. It meets every 2 months the last Wednesday of the month, 10.30-11.30. There has been a number of talks from various people e.g. the Dyneley House physiotherapist, a pilates teacher, a pharmacist. The group has developed into a group of friends who support each other. Since lockdown the group has moved onto Zoom for meetings. Average attendance 12 – 16 people. The next meeting will be in January 2021.

**Stroke Group:** Brian has not been to any meetings in 2020 due to personal reasons. The Group has been led by Joanna and helpers. A survey showed that the participants did not want virtual meetings during lockdown but would wait until normal meetings are possible. Volunteers have been telephoning the people who go to the group for support. Participants enjoy the social side of the meetings.

There was some discussion about Sporting Memories, which Antony was keen to point out helped to combat loneliness. There is a Zoom Sporting Memories meeting and a Sporting Memories Group linked to the Cricket Club.

**Measles Project:** Elizabeth described her personal experience of Measles infection when she was a child, with long lasting symptoms. The vaccine was started in the UK in 1968. Measles is an awful infection and can affect many parts of the body (like Covid). The uptake of the MMR vaccine went down after the false evidence about the link with autism. There are many parents who also think the vaccine is not necessary as the UK has been a measles free country. In 2019 3 schools had an outbreak of measles. We have now lost our ‘measles free’ status. How does Dyneley House encourage parents to have their children vaccinated? Antony said this would be an agenda item at the next PPG meeting. The Nurse Manager is coming to the meeting, who could talk about the management of this.

**WACA Network:**.

 The Patient Network held a meeting on the 12 November at which the feedback on the pilot trials of the Access Survey via the Social Prescriber interviews and from the Dyneley and Townhead feedback. The next stage is prepare a press release and develop a rollout programme for the survey following approval by the Board.

Barry said he had been to a Modality meeting (the other group of General Practices, like WACA), and the concerns talked about and issued raised were the same as at the WACA meeting. The Action Points from the minutes of the last WACA network meeting will be emailed round.

**AOB:**

* Self Care Week (see Practice Update) – we are working through Self Care Week. The talk to South Asian women went very well. Everyone is encouraged to take a ‘selfie’ of a 5k walk or run for the virtual Park Run on Saturday 21st November, which is included in Dyneley House Self Care Week. Tweet the photos to Emma. Antony complimented all the staff for working so hard for the Self Care Week.
* Monthly Health Topics- Emma has finished the subjects and this will be a rolling agenda item to plan the next month’s topic in more detail. The topic for December is alcohol awareness, and January it is weight management. There are many on line resources for these topics.
* We need to plan for the AGM at the January meeting e.g. the Annual Report and paperwork relating to Election of Officers and Committee membership.
* We all wished Pam best wishes and the hope that her operation would not be cancelled for the 4th time.

**Date and time of next meetings:**

* **Wednesday 20th January 10.30 a PPG meeting, a Zoom meeting.**
* **Tuesday 8th December 1.30pm Reference Group meeting, a Zoom meeting.**