

# Practice Newsletter Winter 2020/21

## Partners:

Dr Rachel Pring  
Dr Lucy Checker  
Dr Kirsty Pettit  
Dr John Field  
Dr Sarah Jagger  
Dr Michael Ramsden  
Dr Claire Oliver  
Dr Andrew Norman

Practice Manager:  
Antony Radley

Patient Services  
Manager:  
Joanna Antemes

## Staff News

We'd like to welcome our new GPs, Dr Jane Seabourne and GP Registrar, Dr Laura Lee. We offer our best wishes to Dr Andy Matheson and our colleagues who are retiring - counsellors Tina Tierney and Carol Hutt along with our receptionist Bev Clark.

## Website:

[www.dyneleyhousesurgery.co.uk](http://www.dyneleyhousesurgery.co.uk)

## Address:

Newmarket Street,  
Skipton  
BD23 2HZ

## Telephone Numbers:

Appointments  
(01756) 799811  
Visits/Enquiries  
(01756) 799311  
Fax  
(01756) 707203  
Emergencies  
(01756) 790000  
Out of Hours: 111



## CORONAVIRUS VACCINATIONS – A MESSAGE FOR PATIENTS FROM THE NHS

**The NHS is now offering vaccinations to people who are most at risk from Covid-19. This follows the approval of both the Pfizer BioNTech and Oxford AstraZeneca vaccines as safe and effective after extensive trials.**

The first vaccinations are being offered to people in the [priority groups identified by the Joint Committee of Vaccination and Immunisation \(JCVI\)](#), starting with people in care homes and those aged 80 and over.

Groups of GP practices are working together to provide vaccines from local centres and in care homes and will contact eligible patients when it is their turn. Vaccines for frontline health and care workers will also be offered at hospital 'hubs' to staff who are at the greatest risk of catching Covid-19.

We know lots of people will be eager to get protected but you will be invited for a vaccine when it's your turn, so please **do not contact your practice or the NHS** for an appointment. The NHS is working hard to make sure those at greatest risk are offered the vaccine first and people will not be able to make an appointment until they have received their invitation.

As more supplies of the vaccines become available, we will be able to offer vaccinations to more people and at other locations. These will include local vaccination services provided by GPs and pharmacists, in people's homes if they can't come to us and new dedicated vaccination centres to make sure that everyone who needs a vaccine is able to get one.

Please note that **vaccinations are free of charge and only available through the NHS**. Anyone who claims to be able to provide you with a vaccine for a fee is likely to be committing a crime and should be reported to the Police online or by calling 112. The NHS will never ask you to press a button on your keypad or send a text asking you to confirm you want the vaccine.

This will be the largest vaccination programme in the history of the NHS and you can really help us to deliver it to those that need it most by doing the following:

- Please don't contact the NHS to seek a vaccine – we will contact you when it's the right time
- When we do contact you, please act immediately and make sure you attend your appointments
- Please continue to follow all the guidelines – hand hygiene and social distancing in particular – to control the virus and save lives.

**For more information about the vaccine, please visit the NHS website – [www.nhs.uk](http://www.nhs.uk) or have a look at these [frequently asked questions](#).**

You can also take a look at patient information leaflets, including on the following topics, which are available on the [West Yorkshire and Harrogate Health & Care Partnership website](#):

- COVID-19 vaccination – a guide for adults
- COVID-19 vaccination – a guide for those currently pregnant, planning a pregnancy or breastfeeding
- What to expect after your Covid-19 vaccination
- Why do I have to wait for my Covid-19 vaccine?

## Support Groups

**Our support groups are meeting virtually due to coronavirus**

Please check the Practice website for further details.

### **Other useful contacts include:**

MIND Mental Health  
0300 123 3393  
First Response 24hour  
crisis help line 01274  
221181

Domestic Abuse  
IDAS [www.idas.org.uk](http://www.idas.org.uk)  
[info@idas.org.uk](mailto:info@idas.org.uk)  
24-hour National  
Helpline 0808 2000 247

Citizens Advice Bureau:  
0844 411 1444

Age UK: 01756 529654

National Carers'  
Helpline: 0191 731 4750

Social Services 01609  
780780

North Yorkshire Council  
Safeguarding Team  
<https://www.northyorks.gov.uk/safeguarding-vulnerable-adults>

### **Practice Newsletter**

If you would like to receive our newsletter by email, please let us have your email address either by telephone or at Reception

**For up to the minute information, follow us on**



## **CHANGES TO SKIPTON PHLEBOTOMY (BLOOD TEST) CLINICS**

The Phlebotomy Service is now operating from Dyneley Barn at the rear of Dyneley House Surgery, Newmarket Street Skipton BD23 2HZ

Monday to Friday 8.30am – 12.00pm

### **APPOINTMENT ONLY**

All patients must have blood request forms

**PLEASE DO NOT CONTACT THE SURGERY TO BOOK AN APPOINTMENT**

**Book online at:** <http://airedale-phlebotomy.eventbrite.co.uk>

Select the clinic you wish to book then follow the on-screen instructions or **call 01535 293475** if you do not have access to the internet

### **PPG AGM**

The Annual General Meeting of the Dyneley House Surgery Patient Participation Group (PPG) will take place via Zoom on:

**Wednesday 17 February 2021 starting at 10.30 – 11.30am.**

Come along and find out a bit more about the Practice and the work of the PPG. **All patients welcome.**

Join Zoom Meeting <https://us02web.zoom.us/j/83538687007> Meeting ID: 835 3868 7007

We politely request you **DO NOT COME TO THE SURGERY** if you are self-isolating due to coronavirus, awaiting a coronavirus test result or have symptoms of coronavirus, even if you already have an appointment, unless you have specifically been told to do so. This includes using the intercom at the front door. You are putting other patients and staff at risk. Government advice is to stay at home.



### **Contact your doctors online**

Fill out a simple online form to get advice and treatment by the end of the next working day

Ask about common problems like coughs, back pain or mental health

Ask about general symptoms like dizziness, tiredness or pain

Ask for administrative help like sick notes, test results or doctor's letters

Get help for your child